

MAPLEWOOD MESSENGER

Winter 2021



Kathy Brensike, David Rogalla, Dorothy Jakubenas, Jill Bruckert.

ENGAGING

Innovative ways to engage our residents are continually added as we practice social distancing and other methods to keep residents safe. Individualized attention is a premium yet, happens with frequency at Maplewood. The best part of doing things from the heart is the joy it brings to both the resident and staff.

Capitalizing on the holidays as a theme was seen throughout the season, whether it was during therapy sessions, activities with residents, or daily cares. The result was a warm, cozy feeling over the holidays, up-beat attitudes, teamwork, and a beautifully decorated building. It also allowed residents to give back to the community, as they made ornaments for birds out of pinecones with peanut butter and bird seed. They were placed on the trees in front of the building with a message that anyone can take some home for their birds. Check out Maplewood Sauk Prairie's Facebook page to hear the caroling and see other engagements.



Tiffany, Dean Woodas, Theresa; doors that were decorated; Ron Wagner; Jim Schyvinck & Santa.

NHS STUDENTS + MAPLEWOOD

Outside-of-the-box volunteering has been appreciated at Maplewood since the ability to come into the resident's home has been limited. The stamp of Sauk Prairie's National Honor Students, NHS, has been embroidered throughout Maplewood's campus. This partnership has brightened many residents' days.

Sauk Prairie High School students performing the Madrigal at Maplewood is always a highlight. Since that was not possible this year, we received "virtual caroling", which was an online production of the Madrigal. Both the assisted living and the health care center were able to enjoy the show and see their loved one's performance.

Decorating and doing projects are the touches that transform a place-to- reside into a home. NHS students have created seasonal bulletin boards, pre-made craft packets, which the residents can construct, and activity sheets, such as crossword puzzles, scavenger hunts, Sudoku, brain teasers, and word searches for the enjoyment of residents. Their help has been appreciated.

INDEPENDENT WITH A LITTLE HELP

When given a little bit of help, hiccups you may have been experiencing are taken out of the equation, and you can remain living independently in your own apartment at Maplewood Village Assisted Living. Covid safety precautions are observed, and seniors are engaged. Don't take our word for it; ask those experiencing the fun and daily engagements, then contact us when you are interested in taking the next step.



Marge Nachreiner displays her special possessions outside of her apartment.



Santa & Lou Schneider; Vi Evert; Santa & Kate Skinner; Phil Carlson; Santa & Vera Sprecher; Hubert Lins; Theo Nelson with Santa

DIRECTOR'S NOTE - Paul Fiscus

Happy 2021! Given the year we've all had in 2020, it is nice to look forward to a better 2021. At Maplewood Health & Rehab and Maplewood Village Assisted Living, we are kicking off the new year with exciting news – The Covid vaccine has reached our campus! By mid-March, we plan to have all residents and staff at Maplewood inoculated with both doses of the vaccine. We also hope to begin the vaccination process at Maplewood Village during this period and have it completed as soon as possible.



A return to more normal activities, visitations, and operations at our campus will occur as we receive guidance from state and federal agencies. This will likely take several months. We are committed to keeping our residents, tenants, and staff safe through the transition. As the anticipation builds, we ask families and friends to remain vigilant and patient during the return to normalcy, whenever that may be. A big thanks to our staff for their extraordinary efforts in 2020!

COVID VACCINATION

Maplewood Staff and its residents had the opportunity to receive the first of the 2-part Covid vaccinations on January 5th. We are hopeful that it will provide the protection needed and will allow us to resume some pre-Covid freedoms.

We are proud to be part of the solution to get America back to our pre-pandemic normal as we take the CDC's advised steps to keep our residents safe.



· Lee Albrecht · Paul Bringl · Luann Bonjour · Janet Alm

REGAIN STRENGTH ... THEN RETURN HOME

It's one step at a time when you are on the road to recovery, whether it's from an accident, surgery, stroke, or cardiac issues. You and Strides-Maplewood, have the same goal ... to improve independence so you can return home. Everyday activities are incorporated as creative, focused physical, occupational, and speech therapies are utilized.



Maggie Diederich & Jarl Christianson, Kristen Murphey & Mary Lochner; Sarah Olson & Lyle Kuhnau; Jen Allcox & Lorainne Ott.

