

MAPLEWOOD OF SAUK PRAIRIE WEEKLY MENU

Wk 1 FW Jan 11-17

11	12	13	14	15	16	17
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Blueberry Coffee Cake	Waffles	Apple Fritter bread	Omelet	Assorted Donut	Denver Scramble	Raised Donut
Roast Beef Parsley Potatoes Brussels Sprouts Dinner Roll Lemon Meringue Pie Alt. Spaghetti/ Tossed Salad	Chicken Fried Chicken Mashed Potato Peas & Carrots Spiced Apple Sauce Alt: Salad Bar	Chili Casserole Cauliflower Peanut Butter Pie Alt: Baked Fish/ Wild Rice	Baked Ham Au Gratin Potatoes Carrot Coins Fudge Brownie Alt. Black Bean Rice Bowl	Roast Turkey Stuffing Peas Raspberry Bar Alt. Beef Taco Salad	Fried Shrimp French Fries Coleslaw Lemon Cookie Alt: Baked Fish/ Green Beans	Pork Roast Sweet Potatoes Corn Caramel Apple Poke Cake Alt: Veggie Wrap
Double Chocolate Cookie Diet: Same	Cheese Spread and crackers	Snickerdoodle Diet: Same	Goldfish Crackers Diet: Same	Rice Krispies	Hot pretzel w/ Cheese Diet: Small	Peanut Butter Cookie Diet: Small
Macaroni & Cheese Broccoli florets Orange Fruited Jello Alt. Chili/ Cornbread	Hot Pork Sandwich Green Beans Banana Pudding Alt. Tomato Soup/ Cheese Sandwich	Chicken Tortilla Soup Egg Salad Sandwich Rainbow Sherbet Alt: Garden Burger/ Lettuce & Tomato	Turkey Burger Green Bean Fries Cherry Crisp Alt. Softshell Tacos w/ Rice	Vegetable Soup Roast Beef Sandwich Fruit Cocktail Alt. Chicken Tortilla Soup	White Bean Chicken Chili Cornbread Butter Brittle Ice Cream Alt. Beef Noodle Soup/ Cornbread	Chicken Tenders French Fries Old Fashioned~ Rice Pudding LS: Salad Bar